



CONDITIONAL MOVEMENT CONTROL ORDER (CMCO) SOP FOR THE STATES OF F.T. KUALA LUMPUR, F.T. PUTRAJAYA, SELANGOR, KEDAH, PENANG, PERAK, NEGERI SEMBILAN, MELAKA, JOHOR & TERENGGANU

Unofficial Translation



Updated on 8 November 2020

Permitted Activities

- The economic and industrial supply chain
- Official Government Business
- To obtain treatment for health, emergency and funeral matters

Unauthorized Activities

- List of Unauthorized Activities
- Movement of residents out from the CMCO areas / across districts and states except with the permission of PDRM & for permitted matters / activities
- Movement of residents from outside the CMCO area / across districts and states except for permitted matters / activities

Standing Orders

- Act 342
- Subject to conditions issued by NSC and MOH
- Orders, rules and SOPs under Ministries / Departments / Agencies
- Other orders issued from time to time by the Director General of Health

Effective Period | 24 hours

Permitted Hours for Activities

As per the brief descriptions

Movement of Residents

Permitted with conditions

ACTIVITY AND PROTOCOL

Activity	Brief Description
Areas Involved	F.T. KUALA LUMPUR, F.T. PUTRAJAYA, SELANGOR, KEDAH, PENANG, PERAK, NEGERI SEMBILAN, MELAKA, JOHOR & TERENGGANU
Effective Period	9 November 2020 (from 12.01am) to 6 December 2020 (11.59pm)
Movement Control	<ul style="list-style-type: none"> • The Royal Malaysian Police (PDRM) is responsible for controlling infectious areas with the assistance of the Malaysian Armed Forces (ATM), Malaysia Civil Defence Force (APM) and the People's Volunteer Corps (RELA). • ONLY TWO (2) people are ALLOWED to leave (including in and on the vehicle) as representatives from one (1) household for the purpose of buying / obtaining food supplies (including food from restaurants / eateries / dine-in) / basic necessities and other needs. High risk individuals and children are not encouraged to go out to public, open and congested areas. • Vehicles transporting essential goods and services and the economic / industrial supply chain are ALLOWED to enter and exit. The number of people allowed inside the vehicle is dependent on the commercial vehicle registration license. • The movement of private, government department or private company vehicles for the purpose of traveling to and from work or to conduct official government business is dependent on the seating capacity of the vehicle. • Activities and services at all airports and ports are ALLOWED to operate. • For flights through airports, individuals must first obtain permission from PDRM. • Public transportation services such as bus stops, express buses, LRT/MRT/ERL/monorail and taxi / e-hailing services are ALLOWED to operate. Individuals using public transportation for the purposes of crossing states / districts other than to go to work must obtain permission from PDRM. • Taxi / e-hailing services (with a maximum of two (2) passengers) and food delivery are ALLOWED to operate from 6.00am to 12.00 midnight for the duration of the CMCO.



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Movement Control	<ul style="list-style-type: none"> • Emergency and cases and accidents which require treatment at the nearest hospital / clinic are allowed to travel in accordance with the vehicle's capacity WITHOUT needing to obtain permission from PDRM. • Travel for medical appointments are ALLOWED in accordance with the vehicle's capacity by showing the appointment letter or card. • Funeral arrangements outside of the CMCO area is ALLOWED by obtaining permission from PDRM. The number of passengers in the vehicle is dependent on the emergency situation. • Any individual originating from a CMCO area is ALLOWED to return to it with the requirement of obtaining permission from PDRM. • Necessary movement through a CMCO area to another is ALLOWED with the need of obtaining permission from the nearest police station before traveling. The number of passengers is dependent on the vehicle's capacity. • Movement to EMCO areas are based on Enhanced Movement Control Order (EMCO) SOPs.



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Activities Within the CMCO Area	<ul style="list-style-type: none"> • All business, economic and industrial activities are ALLOWED to operate as determined by the Government. • Supermarkets, shopping malls and retail stores are ALLOWED to operate according to the prescribed SOPs between 6.00am to 10.00pm. • Restaurants, shops / dining outlets, food trucks, roadside hawkers, mobile hawkers, food court / hawker centres, roadside stalls / kiosks, grocery and convenience stores are ALLOWED to between 6.00 am to 10.00pm. • Restaurants and eateries are ALLOWED to operate on a <i>dine-in</i> basis (LIMITED TO 2 – 4 PEOPLE PER TABLE WITH A DISTANCE OF 1 METER BETWEEN CUSTOMERS), take-away, delivery or drive-through with compliance with the Food & Beverage Sector SOP (Premised Businesses, Non-Premised Hawkers, Indoor Markets and Retail / Convenience Stores). • Day market operations are between 6.00am to 2.00pm only with SOP compliance and supervision by the authorities. • Wholesale market operations are between 12.00am to 5.00pm only with SOP compliance and supervision by the authorities. • Wet market operations are between 6.00am to 12.00 noon with SOP compliance and supervision by RELA / local authority personnel. • Night market operations are between 4.00pm to 10.00pm with SOP compliance and supervision by RELA / local authority personnel. • Petrol station operating hours are between 6.00am to 10.00pm (except for the operation of petrol stations on highways which can operate 24 hours). • Laundry services are ALLOWED from 6.00am to 10.00pm. • Other business operations are ALLOWED from 6.00am to 10.00pm.



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Activity	Brief Description
Medical / Health Services	<ul style="list-style-type: none"> • Government and private clinics and hospitals are ALLOWED to operate on a 24-hour basis or in accordance with hours set by the Government. • Pharmacies and drug stores can operate from 8.00am to 11.00pm.
Physical Distancing	<ul style="list-style-type: none"> • The premise owner to ensure the movement of customers in and out of the premises is with 1-meter physical distancing. • The premise owner to ensure customers check in the premises using MySejahtera or to manually write their name and contact number as well as to scan the body temperature. A body temperature of 37.5 degree Celsius and above is NOT ALLOWED to enter the premises. • The premise owner to limit the number of customers in the premises at any given time and display the maximum number of customers within the premises.
Employment Activity	<ul style="list-style-type: none"> • Movement in and out across CMCO areas IS NOT ALLOWED. Only employees with a valid employee pass OR an approval letter from the employer is ALLOWED for employment purposes and to carry out their duty. • Employers must obey this order and organize workers to work from home EXCEPT for employees in categories specified by JPA Circulars / Orders for civil servants and the Business Continuity Plan (BCP) (those directly involved in the company's operations) for private sector employees. • Vehicles carrying employees including private vehicles are ALLOWED to operate with SOP compliance.

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Activity	Brief Description
Sports and Recreational Activities	<ul style="list-style-type: none"> • Non-contact sports and recreational activities (indoor and outdoor) and carried out individually not exceeding 10 people such as walking, jogging, cycling, aerobics, hiking, fishing and others only in CMCO areas are ALLOWED with compliance with the Sports and Recreation Sector SOP. • Activities in commercial football fields, gyms, futsal courts and commercial badminton halls which are on premises are ALLOWED to operate from 6.00am to 10.00pm with compliance with the Sports and Recreation Sector SOP. • Permission to operate and use commercial fields and futsal facilities by the public is RESTRICTED to training activities which do not involve physical contact with a maximum of 10 people. Every sports organizer and operator must schedule the training if there are many participants by limiting the number not exceeding 10 people at any given time. • Centralized training programs currently run by the National Sports Council and the State Sports Councils can be continued with a Quarantine Based Approach as implemented in the National Sports Complex in Bukit Jalil and Keramat, the Malaysian Badminton Academy in Bukit Kiara and the Paralympic Sports Centre of Excellence in Kg. Pandan and the Velodrome in Nilai.



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Activity	Brief Description
Economic and Industrial Sector Activities	<ul style="list-style-type: none"> • Economic and industrial sector activities in CMCO areas can operate as determined by the Government with compliance to prescribed SOPs. • All industrial, business and manufacturing related vehicles are ALLOWED to operate, including to cross districts and states.
Fisheries, Plantation and Agriculture Sectors	The fisheries, plantation, agriculture and livestock and all other sectors related to the food supply chain are ALLOWED to operate.
Religious Activities	<ul style="list-style-type: none"> • Activities in the mosques and <i>suraus</i> are ALLOWED with restricted attendance as determined by the State Religious Authority. • Activities in non-Muslim houses of worship are ALLOWED with restricted attendance as determined by the NSC / MOH / State Government and the Ministry of Federal Territories for worship houses in the Federal Territories. • Islamic wedding ceremonies (<i>akad nikah</i>) are ALLOWED with the maximum presence of 30 people based on the available space and physical distancing at the Religious office or subject to the number set by the State Religious Authority. • Non-Muslim wedding ceremonies are ALLOWED with the maximum presence of 30 people based on the available space and physical distancing at the National Registration Department / House of Worship / Non-Muslim Religious Association.



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Activity	Brief Description
List of Unauthorized Activities (Negative List)	
Creative Industries	<ul style="list-style-type: none"> • Recording activities for music, concerts, filming, interviews and the like are ALLOWED either in-house (at a studio) or external premises but RESTRICTED to within CMCO areas only with a minimal number of crew and WITHOUT an audience as well as with compliance with the Creative Industry SOP. • Live event activities without spectators are allowed with the number of crew and staff as set by the Ministry of Communications and Multimedia (KKMM). • Busking activities in enclosed locations (within buildings) are ALLOWED with control in performance timing and the number of spectators as set by KKMM.
Other Permitted Activities	Other activities not listed in the Negative List are ALLOWED based on existing SOPs which have been prescribed.



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Entertainment Activities	<ul style="list-style-type: none"> • Activities in nightclubs or pubs, theme parks, indoor playgrounds and cinemas. • Concerts or live events with spectators.
Seminars / Workshops / Conferences / Exhibitions	<ul style="list-style-type: none"> • All Seminars / Workshops / Courses / Training Sessions / Conferences / Talks / Exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE). • EXCEPTION. Ongoing civil service training CAN BE CARRIED OUT only within the institution training area.
Meetings	<ul style="list-style-type: none"> • Face-to-face meetings by Government and private agencies involving external representatives and held via video conferencing. • EXCEPTIONS. <ol style="list-style-type: none"> a) Face to face meetings ARE ONLY ALLOWED when involving expatriates and C-suites with physical distancing and wearing face masks. b) Internal meetings ARE ALLOWED in accordance with JPA Circulars / Orders and the MITI guidelines.
Mass Ceremonies	<ul style="list-style-type: none"> • Government and Private Official and Non-Official Events, Social Events such as ceremonies, weddings and engagements, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions and other social gatherings. • Participation of government and private officials for Official and Non-Official Events from CMCO and EMCO areas to other areas.

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Education	<ul style="list-style-type: none"> • Public and Private Higher Education Institutes, Vocational Training Centres, schools, <i>tahfiz</i> centres, schools, kindergartens, nurseries, and day-care centres are closed during the CMCO period except for nurseries and day-care facilities for the children of frontliners and parents / guardians who are working with the permission to operate by the relevant Ministry. • EXCEPTION. School, IPTA, IPTS students sitting for examinations with foreign educational institutions are ALLOWED to attend solely to sit for exams and not for learning sessions.
Sports and Recreational Activities	<ul style="list-style-type: none"> • Picnic activities, pool activities, physical contact activities / combat sports, matches for team sports and tournament / competition activities. • Sports and recreational activities that involve many people and physical distancing would be difficult to control. • Sports events and competitions with spectators, and sports events and competitions involving foreign participants.
Tourist Activities	<ul style="list-style-type: none"> • All tourist activities involving leaving the CMCO area and entering the CMCO area. • Out of state tourist activities by citizens and domestic tourism involving foreign tourists entering Malaysia except for foreign tourists as determined by the Minister.
Other Unauthorized Activities	<ul style="list-style-type: none"> • Any activity that can cause many people to attend in one place, making it difficult to conduct physical distancing and comply with orders by the Director-General of Health. • Other matters decided by the Government from time to time.